

# the COURIER

Vol. L(B) No. 2

CLARKE COLLEGE, Dubuque, Iowa

September 8, 1978

## Food waste hikes future costs

By Chelley Vician  
Staff Writer

Food conservation and elimination of waste were major topics of discussion with Larry James, manager of Clarke's food service.

James feels that he can save Clarke money and enhance the quality of the meal program, if students cooperate by not wasting food. "Appalling" was the word James used to describe the food waste observed at one day's meal. Whole pieces of fruit, bananas, oranges, or apples, are thrown away untouched because students put the food on their trays but fail to eat it. "Fruit is expensive. A single piece costs around 15 cents. If you multiply this by the number of students on the food plan who eat fruit — about 150 — the cost is roughly \$22.50 per day," James said. He also added that by multiplying the \$22.50 figure by the number of days the food service is in operation, the yearly expenditure for fruit alone is a total of \$4,590.00.

Fruit is only one example of a food item wasted by students. James also named sweet rolls, vegetables, and whole glasses of beverages. He asks that students "take what they want but eat what they take." James feels that students should come back to get more food later, if they want it, rather than loading up their plates on the first time through the line.

Taking food up to dorm rooms or feeding a friend on the weekend, who is not on the food plan also contributes to increased costs for the food service. Even though the food is consumed and not thrown out, the food service still incurs a loss. This loss causes a chain reaction.

To keep costs down, James said he would then have to substitute more starch into the menu to compensate for the cost of the losses. This would in turn, he feels, upset the students. And the cycle would go on until someone or something was introduced to curtail the addition of starches to the diet. James said that simple food conservation is the solution to this problem.

James proposed that students try to envision a quarter on the dish instead of the sweet roll that is being taken back to the dish room by the student. He questions how many people would actually throw out that quarter. James asks the students to show the same concern for

food as they do for money. The money lost on wasted food could better be spent on items such as meat or vegetables.

Besides concerning himself with minimizing food waste, James is also planning to set up a diet menu for calorie conscious students. He has already scheduled meetings with the school dietician to set up a 1200 calorie dieters' menu. James' plans for the diet items to be highlighted by asterisks, x's, or stars. By eating the highlighted items, students will be able to stay on a 1200 calorie diet. "Cottage cheese has more calories than most people think," emphasizes James.

In order for the food service to be effective, it must have student input. James welcomes students with complaints or ideas for the menu to talk with him and discuss possible solutions. He said he is eager to provide the students with quality service — but this is only possible with the cooperation of the students.

## Admissions sets goals

by Anne Whitehead  
News Editor

The Clarke College Office of Admissions is planning realistic goals, according to first year Director of Admissions Edwin Reger.

Reger states that Admissions is undergoing a transition period, working with an entirely new staff. Also in their first year are Clarke Admissions Counselors Linda Gross, Stephanie Palubicki, and Karen Snowden Roberts. Reger says the newness of the admissions staff should present no problems. He adds, "I feel we (Clarke) have one of the best admissions staffs around in the Iowa schools."

A week-long orientation session was held for the admissions staff during the summer. Much time was spent on communication skills, which Reger feels will be of great benefit to his staff.

The development of a projection of enrollment for the next five years is admissions' major concern, according to Reger. He plans a co-operative effort between admissions, administration, and the various departments of study to formulate ideas for increasing Clarke's enrollment.

Reger explained that Iowa and Illinois are the primary areas of recruitment because they account for the largest number of prospective Clarke students. He comments that Wisconsin has been a big projection area in recent years and says admissions will be working on the development of Minnesota as another recruitment area.

A mail campaign will concentrate on the nation's eastern states. Contact will also be made with Puerto Rican schools, an idea Reger says has not been implemented in the past.

The Admissions Office has contacted pastors from across the state, seeking names of girls in their respective parishes who are potential college students. Approximately 2,000 names have been received. According to Reger, a similar campaign will be conducted in Illinois, Wisconsin, and Minnesota.

All of the literature handled by the Admissions Office has been redone. The catalog, viewbook, and information pamphlets are new with emphasis placed on clear and accurate information. "It's as accurate information as we (admissions) can put out," says Reger. "It should answer questions rather than raise them."

Admissions plans to sponsor various activities throughout the year to raise awareness and interest in what Clarke has to offer.

A mall display, and the "pack and sack" health careers, and "see and ski" weekends will be conducted, as in the past.

The "out-to-lunch" activity, which provides prospective commuter students the opportunity to learn more about Clarke, will also continue.

Reger hopes to organize a weekend which would be a combination of open house, parents' weekend, and fine arts.

The end result, according to Reger, is "more people getting more information" about Clarke College.



Sister Harrietta Thoma, curator of Clarke's Archives, examines photographs of the College's earlier years.

## Archives stores Clarke's records

Questions like "How many acres does the Clarke campus cover?" and "Why did Mount St. Joseph change its name to Clarke College?" can now be answered with ease and with greater speed, according to Sister Harrietta Thoma, director of the newly created Clarke Archives.

The Archives, located in room 110 of Eliza Kelly Hall, contains important documents and publications relevant to the college. Included in the collection will be past issues of the Courier, the Labarjium (a literary paper which ceased publication in 1969), old catalogs, viewbooks, student handbooks, photographs of the college from its earlier years, and other documents and memorabilia which have accumulated over the years.

Sister Harrietta recognized the need for an Archives a few years ago when, as assistant librarian, she was often faced with questions pertaining to Clarke. "I felt these questions could be answered promptly if we had a direct place to look," she commented.

Although Sister feels there has been a need for an archives for quite some time, she said the Archives failed to materialize until this year because of lack of space.

"Our supply is hardly complete," commented Sister Harrietta. She is hoping for contributions to the Archives, adding that few of Clarke's important documents have been preserved by the college.

Sister Harrietta is enthusiastic about her new project. She has found several valuable pieces of history, dating as far back as 1865.

Still in the raw stages of production, the Archives will be a beneficial addition to the Clarke community, according to Sister Harrietta. "It's not quite organized," she said, "but as soon as I can devote all of my time to the Archives, it will fulfill its purpose."

The Archives office will be open to students following its completion. Anyone requesting information about the Archives can contact Sister Harrietta in the Clarke library.

## 'Dark' cast chosen

Casting for "Dark of the Moon," the first play of the year, was announced last Friday by Sister Carol Blitgen, director.

Senior Cindy Johnson has been cast in the lead as Barbara Allen. Opposite her will be Steve Abolt as John.

Others assuming roles are: Mary Claire Handzik as Mrs. Allen, Karen Ryker as Conjur Woman, Brigit Barnes as Dark Witch, Marcia Lancaster as Edna Summey, Mary Chris Kelleher as Fair Witch, Josie Ford as Mrs. Summey, Anna Stefaniak as Miss Metcalf, Monica McAsey as Ella Bergen, Mary Kitch as Mrs. Bergen, Mary Melloy as Hattie and Vicki Rohlf as Greeny Gorman.

## Revenues up for '77-78

Revenues exceeded expenditures by \$38,056 for 1977-78, according to Dr. Meneve Dunham, president, allowing Clarke to complete the fiscal year in the black. In the announcement, released last Friday, Dunham also highlighted a plan to reduce the debt on Catherine Byrne Hall.

Under a provision of the Higher Education Act of 1976, prepayment on the building loan by Oct. 1, 1978, will save the college \$417,118, approximately \$63,000, a year through 1994.

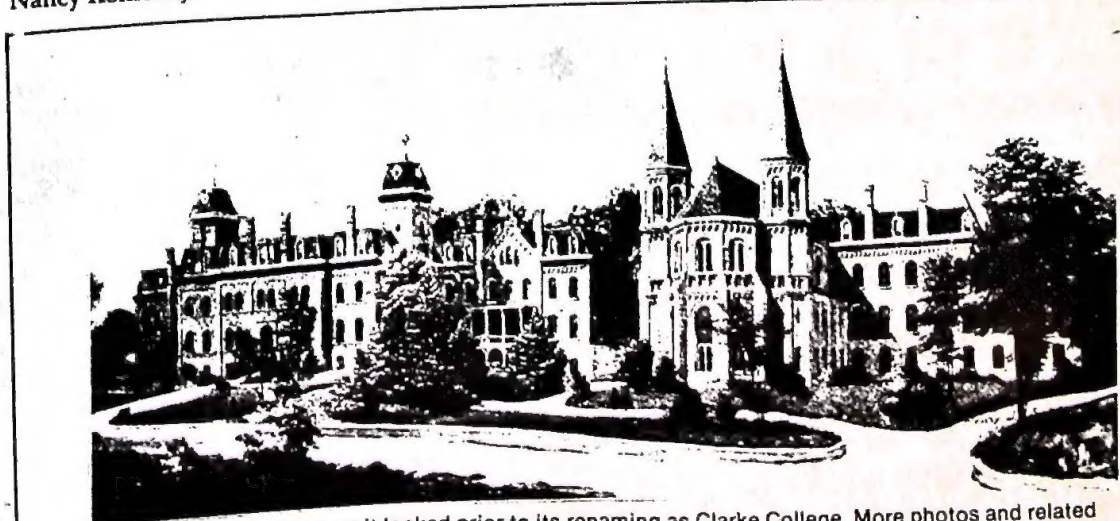
Special donations from local businesses and foundations were received this summer, and with support from the College, Clarke will be able to pay \$563,493 for the 1965 building. With 100 percent of the outstanding Commission of the future and future interest paying \$417,118, the College.

"The solid financial state of Clarke represents much hard work and generosity of many people in the Dubuque community and at the College who believe in our vitality and our academic programs," said Dunham.

"With their support and assistance, we have been able to keep our costs down and still maintain high quality and innovation in our curriculum. The 4.1 per cent increase in tuition costs for the 1978-79 year was reported as the lowest increase among Iowa's 26 private, four-year colleges," she added.

The Annual Clarke Thrust, a drive conducted by Dubuque business men and women for scholarship funds and operating revenues, ship funds generated \$61,632 for Clarke during the last fiscal year. A record number of Clarke alumni, more than 40 per cent, contributed a total of \$77,510 to the College.

Assisting Blitgen is Jean Keller. Ellen Gabrielleschi will design the set and lighting. Costume design will be by Pamela Mason Brune and Nancy Konrardy.



Mt. St. Joseph College, as it looked prior to its renaming as Clarke College. More photos and related story on page three.







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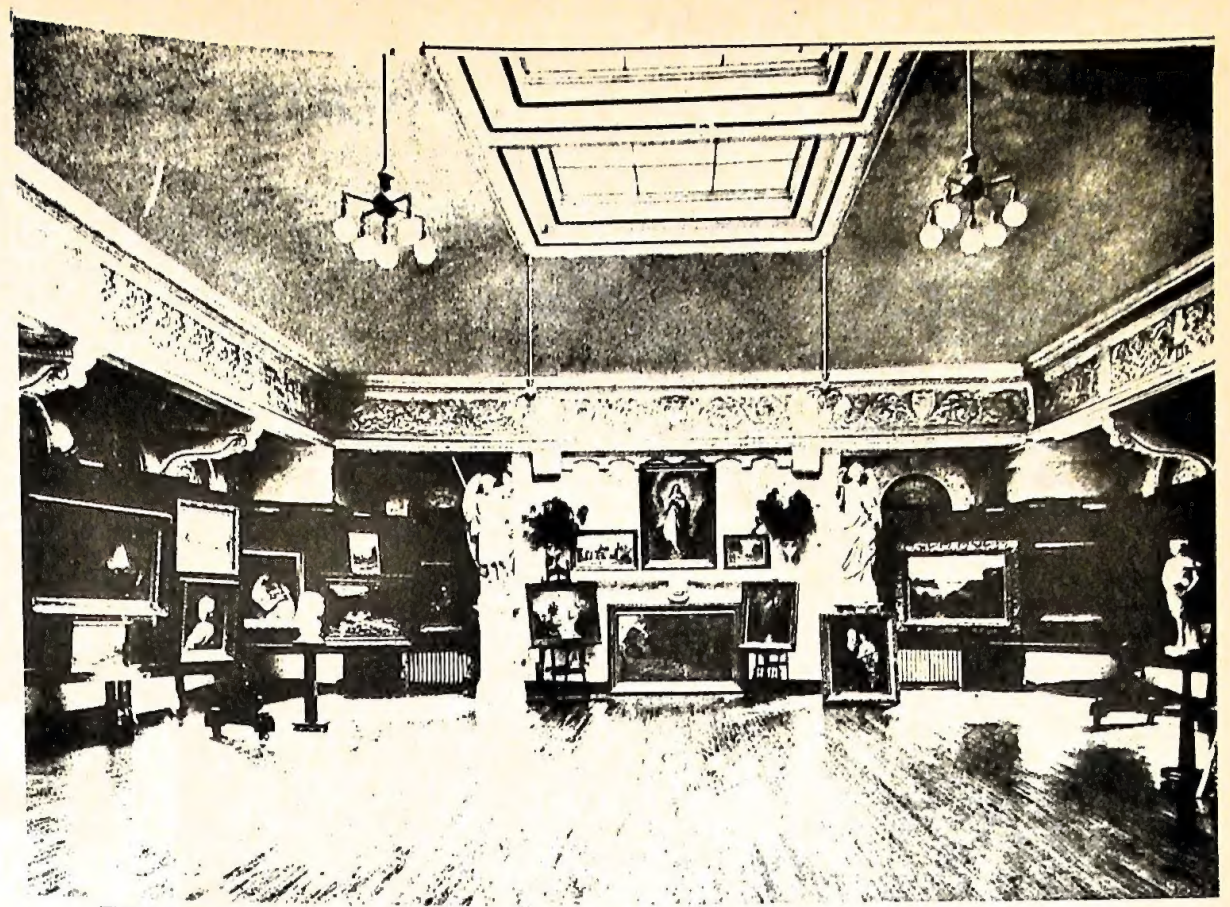
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Hall is,

**tions**

The phone rang.  
"Hello."  
"Hi Dad, how's trickin'?"  
"Fine, Jane. What's new with you?"  
"Not much. I got an A on my computer test, a B on Journalism paper, I was homecoming queen last weekend, and I sent a love letter to you."  
"Hold it! You never saw an A in your life in computer and Homecoming was last semester. What dorm key are you talking about?"  
"You know, the one that sort of costs \$100."  
"Aaugh-gh... thump!"  
"Dad? This is your mother speaking. Jane, this is your mother speaking. What did you tell your father that got him so upset that he hung up on me?"  
"Gee, Mom, uh... we're having a fire drill and I got out when he recovered and I got back. Being the sumo connoisseur that they are in the Florida, pro-... in the Sunday... had a great... with Jane."

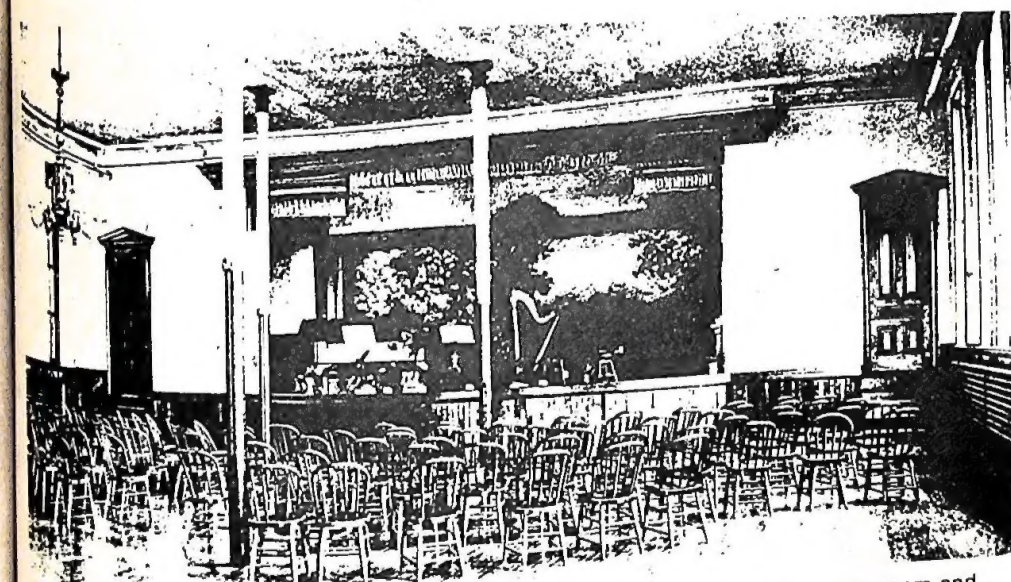
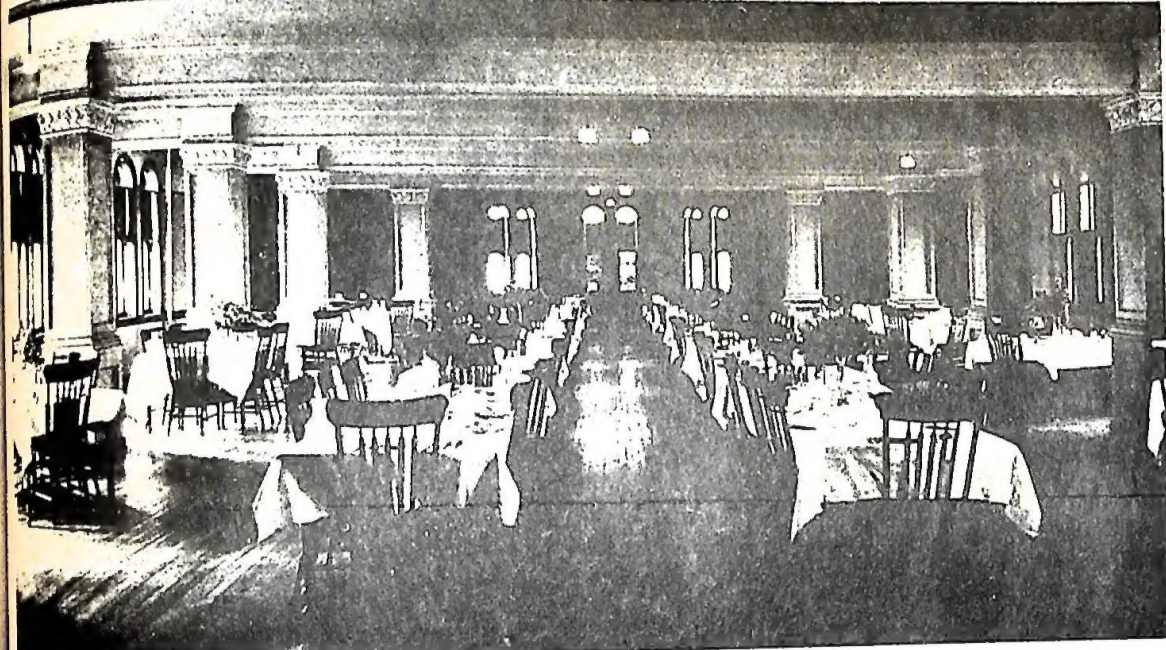


The corridor looking toward Catherine Byrne Hall from the "Round" near the library stairs, is now more familiar to us as the carpeted hallway.



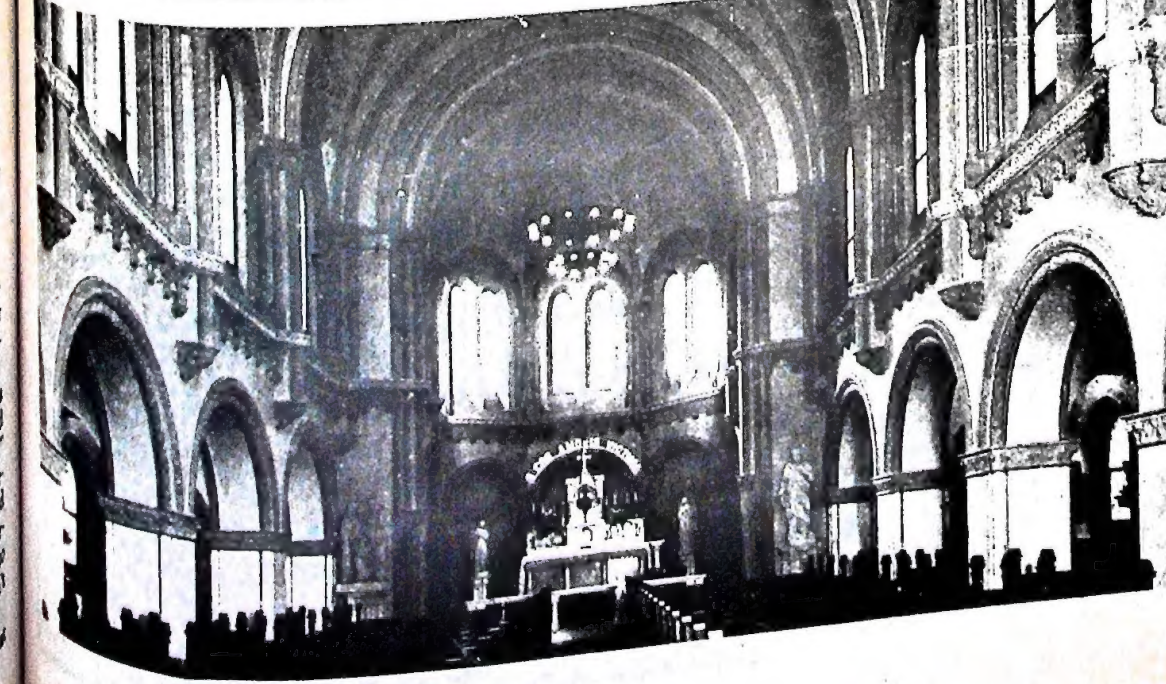
The predecessor to Clarke's new art gallery is used today as a studio by the art department. The room, located on third floor Eliza Kelly Hall, once served as both studio and gallery.

# "The Mount" becomes Clarke College



photos courtesy of Sister Harrietta Thoma

The assembly hall, now known as the Music Hall has served as both an assembly room and auditorium. The room remained relatively unchanged, except for changes in the seating facilities, until it was remodeled in the 1960's.



*Editor's Note: Before the Courier came into existence in 1929, Clarke students published the Labarum, a literary magazine that also contained some news stories. The following article is a reprint of one of the pieces that appeared in the 1928 Spring edition of the Labarum, right after Mount St. Joseph's College became Clarke College.*

Recently the announcement was made to the students of Mount St. Joseph College, that after September, 1928, the institution will be known as CLARKE COLLEGE.

This decision did not come as a surprise to those who are in close touch with the needs, progress, and activities of the college, as the proposition has been under discussion for several years past. However, it was not until a few months ago that the time seemed propitious for making the change.

Mount St. Joseph is a name common to several college and junior colleges in this country, and as a result it lacks in the individuality that another title would have. In educational matters and in business transactions the plurality of title has led to much needless confusion and error.

The name CLARKE COLLEGE bears the distinction of being the only instance of the use of this designation in the United States; but beyond that and above that, it carries with it a wealth of rich and vital memories sacred to the name of Mother Mary Francis Clarke, the foundress of the Sisters of Charity of the Blessed Virgin Mary. It is indeed fitting that the one college conducted by this congregation should bear her name and should give added testimonial to the scope of the work which she visioned in thought, and hope, and prayer.

Some of us have been inclined to sentimentalize over the change of name, saying that "The Mount" will be "The Mount" no longer. "The Mount," so dear to every girl who has ever attended it, will always be the same, and the girls will always be Mount girls. For it is not a name that makes the college; it is rather the atmosphere and traditions of the place, and the spirit that each succeeding class inherits from the classes that have gone before, and which, enriched, kept vital and growing, it in turn passes on.

This it is, and not a name, which makes the college. But as a matter of plain fact we shall not lose the name; the Administration Building, the oldest of the group of buildings that will constitute CLARKE COLLEGE will retain the name and will continue to be known as Mount St. Joseph.

We talk a great deal about school loyalty. Here is our chance to prove that our words are not all empty boasts. If we want the best for our college — and we vehemently reassure ourselves that we do — then we will recognize the wisdom of the decision that has been reached, and we will set ourselves to the pleasant task of doing and giving and living our best for CLARKE COLLEGE as we formerly did for MOUNT ST. JOSEPH.

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# Athletics play important part in history of Clarke

by Yvonne Yoerger  
Sports Editor

With the hiring of a professional athletic director last year, a second-year inter-collegiate softball team, and a strengthened basketball program, Clarke's athletic activities are on the upswing. But at one time, nearly all students at Clarke were actively involved in sports on campus.

In 1929, when the *Courier* started publication, the Women's Athletic Association (WAA) was a major organization, running intramural tournaments in basketball, volleyball, tennis, archery, badminton, swimming, and bowling.

The teams were organized by classes with all off-campus or "city students" on one team. Traveling trophies were presented to the winning teams in basketball, volleyball, and tennis. Any team that won the trophy three years in succession would have their name engraved on it.

Individual honors were given in golf, tennis, ping-pong, and shuffleboard. Clarke College letters were given on the basis of points. A minor letter or "C" could be earned with 200 points accumulated in practice, team membership, hiking, swimming tests, or receiving a B grade or better in phy ed classes. Five hundred points merited a major letter, "CC."

Demonstrations were presented annually in gymnastics, marching, and folk dancing. A separate annual presentation was the water ballet or swimming exhibition. The featured attraction in 1932 was a girl who swam the length of the pool carrying a lighted candle while another swimmer read a newspaper by the candlelight.

Marathon swimming was also popular in 1932. The school record was set by Miss F. Mitchell, who swam 288 lengths, a distance of over 4 and a half miles, in one attempt.

An All-College basketball team was started in 1929. The team was undefeated for over three years

against such opponents as Dubuque University, the Dubuque YWCA, the Sodality team of St. Joseph's Church in Bellevue, and the Waterloo Athletic Association.

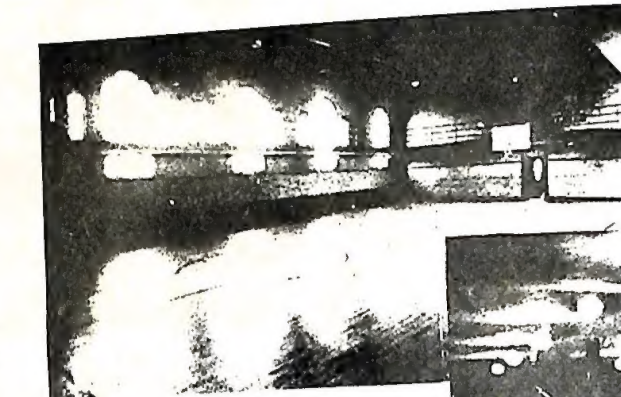
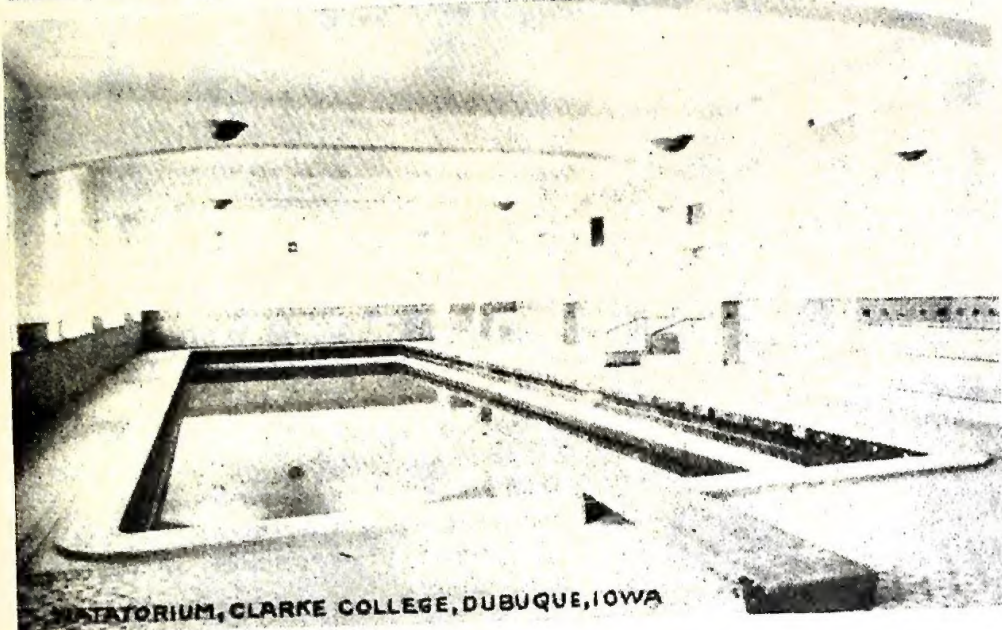
Several additions to the sports programs came in 1938. A circular roller-skating rink was constructed on the gym balcony. A tether ball was also put up. The emphasis on the traditional sports declined slightly but horseback riding was an added course in the phy ed department. English and Western riding styles were taught by instructors from the Dubuque Riding Academy.

During World War II, interest in sports almost disappeared. Bowling became popular following the war

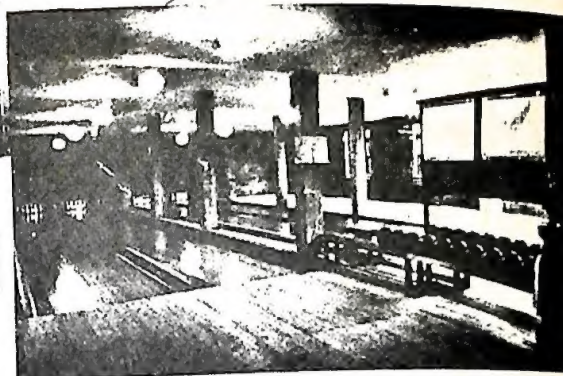
and a new recreation room (the present Union) was opened in 1944 with a new four-lane bowling alley. Intramural tournaments were held annually. A Clarke-Loras bowling league was also formed. League play took place at Dr. Pepper's Alley.

Fencing was added to the phy ed curriculum in 1950, but interest in sports continued to wane. Intramural tournaments and public exhibitions of fencing were held periodically and seemed to be popular.

After 1950, athletics at Clarke continued to be less important, declining until recent years when intramural football and volleyball again became popular.



Clarke's swimming pool, in the basement of Terence Donaghoe Hall appears much the same as in the 1930's when it was called the natatorium.



The Clarke gymnasium was originally used for intercollegiate basketball, intramurals, and phy ed classes, but is now the arena theater. The bowling alley was opened in 1944 as part of the recreation room which now houses the Union.

## Intramural play begins

Intramural football play will begin this weekend at 1:00 on Sunday. Volleyball will also begin Monday, with the first game at 6 p.m.

Sister Diana Malone, director of student activities said, "These team sports are just for fun. You don't have to be good at either sport and although we play competitively, we play just to have fun and to meet new people. We discourage the 'killer instinct', so to speak."

Intramural football was played as flag football in the past but switched to one hand touch below the waist

because too much tackling was involved. Other rules in flag football include 30 second huddles and 20 minute halves. Volleyball is a two of three game match with games played to 15 points.

Team sign-ups were posted on the Student Activities bulletin board this past week, but anyone who still wishes to be on a team may contact the student supervisors, Mary Evans or Colleen McGraw for volleyball and Peg Smith or Margaret Doyle for football.

## around the dubuque colleges

There will be an all school Liturgy at 5 p.m. Saturday to commemorate the re-naming of Clarke College. Following the Liturgy will be an all school picnic on back campus.

To complete the celebration there will be a street dance in the parking lot from 9 p.m. to midnight. Admission to the dance, sponsored by the Clarke Student Association, is \$1 or a CSA ticket. Identification will be required for admittance. The band, "Side-street," will provide the music.

The Student Affairs Committee will meet Tuesday at 4:35 p.m. in the Mary Josita Formal Lounge.

Carole Bishop will assume the duties of vice president of Mary Frances Hall. Bishop replaces Mary Catherine O'Connor, who did not return to school.

Signup for Student Iowa State Education Association (SISEA) will be next Wednesday during lunch and dinner. Signup at lunch will be outside the Mary Josita Informal Lounge; signup at dinner will be outside the cafeteria. Membership is open to anyone interested in education.

## Knapp challenges Riggs

It wasn't enough that Bobby Riggs was beat by Billie Jean King, but now he'll be pushing his luck when he plays Clarke senior Mary Kay Knapp this Saturday.

Knapp will play Riggs Saturday afternoon at 3:30 in the Kennedy Hall parking lot as part of a publicity stunt for the mall. Along with Knapp, a student from both Loras and the University of Dubuque will also challenge Riggs.

"I'm looking forward to it with some apprehension because of all his joking around," Knapp said.

No newcomer to the sport, Knapp has played tennis for 12 years. She was on the Mason City Newman High School tennis team four years and went to the Iowa State Tennis Tournament three times. Knapp also placed in Mason City tennis tournaments.

To my friends,  
who bit the dust:

Lisa,  
Chris,  
Terry, and  
Beth,

Congratulations!

Jane

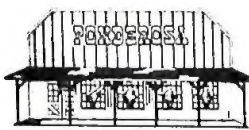
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## Classifieds

### PERSONALS

To our own Connecticut Yankee—

Happy Birthday!

Fran Cloister

Is it true that Burrheads have more fun?

(Guess Who (tee hee))

Grove—

Yo no se Frances, pero en Espanol

Feliz Cumpleanos!

Ed.

I know its early, but Happy Birthday, just the same, Aimee!

CF, SM

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Sept. 14, 15, 16

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Clarke College President Dr. [Name] making the official opening

13x13' troupe na

Members have been selected  
Clarke's touring musical group  
Hall, according to the troupe's  
member Sister Anne Siegrist.

Juniors Peggy Biggs, Barb Sch  
and Sue Slankowski join sop  
mores Beth Boddicker, Marga  
Caldwell, Karla Kendrick, a  
Cheryl Westman, while freshm  
Barb Duster, Meg Green, CH  
Hanson, Lynne Melssen, K  
Oswald, Melinda Page, and M  
Wieland complete the musi  
crazy group.

Creating the choreography  
this will be Clarke Dance Instr  
or Marina O'Rourke. The trou  
will begin its show schedule late

**The Arts Gallery**

by Margaret Cario  
Art Columnist

On Thursday, September 7  
Gallery 1550 were closed a  
main so until the following eve  
Grand Opening was to take  
place. Clarke's general pu  
had been planning and  
the year for this very occasion  
these works had been  
displayed at the gallery  
Friday naturally became a  
what was concealed be  
arrangements finally arriv  
commemorating the fifti  
celebrating the fifti  
with yet another  
new faces, Dr. Meneve Dun  
to the entrance, cut t  
described as nothing less t  
one of the most beau